**A CASE OF CORNS ON SOLE OF FOOT**

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**INTRODUCTION**

**A 19 year old boy presented to me on 19.01.2015**

**PRESENTING COMPLAINTS**

Corns on the soles of both feet since 6 months

There was pain on the corns while walking and jogging.

The corns were painful to touch also.

He was using corn tips over the corns.

 

**HISTORY OF PRESENTING COMPLAINTS**

The patient was apparently well 6 months back when he started developing small eruptions on the soles of both feet to which he did not give much importance. Then he went to Dubai to study engineering at BITS Pilani- Dubai. There is observed that the size of these eruptions was increasing, which took the shape of corns. He used corn tips which led to disappearance of a corn, but another corn erupted over the skin nearby to that corn.

The corns are painful, pain is felt in them while walking or jogging. Applying corn tips leads to disappearance of corn at one place but later on leading to an appearance of another corn at a changed location on the sole of the foot itself.

**PAST HISTORY-** nothing much significant found

**FAMILY HISTORY- Maternal Grandmother** – had Ca cervix

**PHYSICAL GENERALS**

***Appetite:*** good

***Thirst:*** 3-4 liters/ day (increased)

***Desire:*** sweet, spicy, farinaceous food, eggs

***Aversion:*** bland food

***Urine:*** NAD

***Stool:*** NAD

***Sleep:*** deep sleep

***Dreams:*** nothing significant found

***Perspiration:*** offensive; offensive foot sweat

***Thermal reaction:*** Hot

***Tongue:*** trembling; anteriorly red; papillae raised

**MENTAL GENERALS**

Wants the BEST of everything

Fears (lots of fears) in childhood

*Stores all the old things*

During anger, throws away the things

**PRESCRIPTION**

**19.01.2015**

**Rx**

**Calcarea carbonica 0/1/ BD**

**Advise:**

* Don’t apply any external applications over the corns
* Don’t apply corn tips
* Don’t pluck corns or disfigure them with hands

**FOLLOW UP**

* **30.01.2015**
* Marked improvement
* Tongue: raised papillae; fiery red anteriorly (with tip); trembling; coated posteriorly

 

*PICS TAKEN ON 30.1.2015*

**Prescription**

**Rx**

**Calcarea carbonica 0/2, 0/3, 0/4, 0/5, 0/6, 0/7, 0/8, 0/9/ BD (2 months)**

*Patient went to Dubai after taking the medicines from me for 2 months.*

**09.03.2015**

**Pics sent by his father**



**After that, this patient was cured of these warts- as reported to me by his family members.**